

Middle School Lunch Menu

The Child Nutrition Department is critical in establishing a healthy school nutrition environment to promote optimum health. Our Child Nutrition employees follow essential worker protocols set by the CDC

Monday, May 6	Tuesday, May 7	Wednesday, May 8	Thursday, May 9	Friday, May 10
1. Pizza See List 2. Orange Chicken 18.1g, Oriental veg 2.7g, brown rice 17.5g 3. Corndog nuggets 25.2g, apple crisp 47.1g, steamed veg 3.2g Mandarin oranges 20.1g	1. Pizza See List 2. Beef Salisbury Steak 4g Gravy 5.9g, Mashed potatoes 18.2g Blueberry square 30.4g 3. Hot Ham & Cheese sandwich 30.4g Glazed Carrots 22.3g Strawberries 13.4g	1. Pizza See List 2. Taco Flatbread Pizza 48.6g, garnish, 3. Chicken tenders 16.6g, roll 22.5g, tots 14.1g black eyed peas 32.1g Mixed Fruit 17.8g	1. Pizza See List 2. Chicken Parmesan 11.6g, spaghetti 42.9g, garlic toast 15.6g, salad 1.5g 3. Hamburger 28g, cheeseburger 29g, tots 14.1g Fresh fruit	1. Pizza See List 2. Chicken fried steak 14g, mashed potatoes 18.2g, gravy 5.9g, roll 22.5g 3. Spicy Chicken Sandwich 19g, spiral fries 16.9g Peaches 18.1g
Monday, May 13	Tuesday, May 14	Wednesday, May 15	Thursday, May 16	Friday, May 17
1. Pizza See List 2. Cherry Blossom Chicken 33g, Midori 9.3g, brown rice 17.5g 3. Turkey & cheese sandwich 32.2g, chips 39.7g Roasted Broccoli 7.6g Pineapple 16.6g	1. Pizza See List 2. Chili 22g, mini cinnis 40g 3. Hot Dog 31g, tots 14.1g Pears 18.9g	1. Pizza See List 2. Super nachos 25.2g, rice 19.8, black beans 22.6g 3. Chicken Schnitzel 30g Corn 21.3g Blueberries 21.3g	1. Pizza See List 2. Chicken & Noodles 28g, biscuit 30g 3. Fish nuggets 23g, roll 22.5g, cole slaw 19.2g Applesauce 15g	1. Pizza See List 2. Beef fingers 16g, mashed potatoes 18.2g, gravy 6g, hot roll 22.5g, 3. Chicken nuggets 16.3g, Roll 14g Carrots 8.7g Pears 18.9g
Monday, May 20	Tuesday, May 21			
1. Pizza See List 2. Chef choice, brown rice 17.5g, stir fry veg 5.3g 3. chef choice Mandarin oranges 20.1g	1. Pizza See List 2. chef choice 3. pretzel burger 30g, baked beans 32.2g Pears 18.9g			

Daily Meals

- A variety of seasonal fruits and veggies are served daily. Apples, salad, baby carrots, and broccoli are offered most days.
- Students must choose 3 food groups, one being fruit or veggie to qualify for reimbursable meals per federal guidelines.
- Carb Counts are listed in [blue](#).
- Menus are subject to change without notice due to item availability and utilization at each school site.

This institution is an equal opportunity provider and employer