

## ECC Lunch Menu

The Child Nutrition Department is critical in establishing a healthy school nutrition environment to promote optimum health. Our Child Nutrition employees follow essential worker protocols set by the CDC

Monday, April 1	Tuesday, April 2	Wednesday, April 3	Thursday, April 4	Friday, April 5
Hot dog 31g Broccoli 4.3g Peaches 18.1g	Beef fingers 16g, mashed potatoes 11g, gravy 7.7g, hot roll 14g, Baked Beans 36.2g Pineapple 16.6g	Pizza <a href="#">See List</a> , green beans 5g Orange Wedges 10.6g	Bento Box 62.5g	Virtual Day
Monday, April 8	Tuesday, April 9	Wednesday, April 10	Thursday, April 11	Friday, April 12
No School	Hamburger 28g Crinkle fries 15.9g Strawberries 13.4g	Pizza <a href="#">See List</a> Carrots 8.7g Pears 19g	Spaghetti 34g & sauce 7.8g, garlic bread 15.6g Roasted broccoli 7.6g Peaches 18.2g	Chicken nuggets 16.3g Tots 14.1g Roll 14g Corn 21.3g Pineapple 16.6g
Monday, April 15	Tuesday, April 16	Wednesday, April 17	Thursday, April 18	Friday, April 19
Grilled Cheese 35g Steamed Carrots 8.7g Peaches 18.1g	Salisbury Steak 4g Mashed potatoes with gravy 11g Green beans 3.3g Blueberry squares 30.4g Rosy applesauce 14.9g	Pizza <a href="#">See List</a> Black-eyed peas 32.1g Peaches 18.1g	Chef Choice Side salad 1.2g Mixed Fruit 17.8g	Chicken nuggets 16.3g Waffle Fries 15g Roll 14g Mandarin Oranges 20.1g
Monday, April 22	Tuesday, April 23	Wednesday, April 24	Thursday, April 25	Friday, April 26
Chicken & cheese quesadilla 32g, black beans 22.6g Mixed fruit 17.8g	Hamburger 28g Green beans 4.9g Strawberries 13.4g	Pizza <a href="#">See List</a> , Carrots 8.7g Orange Wedges 10.6g	Mac & Cheese 26.5g, Cowboy Bread 29g, Peaches 18.1g broccoli 4.4g	Chicken nuggets 16.3g wedges 7.5g Roll 14g Peas 6.2g Jonny Pops 11g Fresh Fruit
Monday, April 29	Tuesday, April 30	Wednesday, May 1	Thursday, May 2	Friday, May 3
Hot dog 31g Broccoli 4.3g Peaches 18.1g	Beef fingers 16g, mashed potatoes 11g, gravy 7.7g, hot roll 14g, Baked Beans 36.2g Pineapple 16.6g	Pizza <a href="#">See List</a> , green beans 5g Orange Wedges 10.6g	Bento Box 62.5g	No School

This institution is an equal opportunity provider and employer

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### Daily Meals

- A variety of seasonal fruits and veggies are served daily. Apples, salad, baby carrots, and broccoli are offered most days.
- Students must choose 3 food groups, one being fruit or veggie to qualify for reimbursable meals per federal guidelines.
- Carb Counts are listed in [blue](#).
- Menus are subject to change without notice due to item availability and utilization at each school site.