

BAFA Menu

Menus subject to change / Students must select a fruit or vegetable to have a complete meal according to federal guidelines

Students must take a fruit or vegetable to have a qualifying meal

Monday, May 13	Tuesday, May 14	Wednesday, May 15	Thursday, May 16	Friday, May 17
Cici's Pizza- see list	Cici's Pizza- see list	Cici's Pizza- see list	Cici's Pizza- see list	Cici's Pizza- see list
Teriyaki Chicken 28g brown rice 35g Kyoto Veg 9.3	Honey Sriracha chicken 34g brown rice 35g Oriental veg 2.7g	Orange Chicken 38.4g , Brown Rice 35g Stir Fry Veg 5.3g	General Tso Chicken 36.5g , Brown Rice 35g Midori veg. 9.4g	Cherry Blossom Chicken 41.7g , Midori veg. 9.4g Brown Rice 35g
Spicy chicken tender 6.1g Hot roll 25.5 g Waffle fries 22.5g Roasted broccoli 7.6g	Chili 4.2g Cinnamon Roll 70.1g Fresh carrots and celery 4.2g	Walking nachos 32.1g Black beans 22.6g	Beef fingers 16g Mashed Potatoes 18.2g /gravy 5.9g WW Roll 25.5g	Chef choice Carrots 8.7g
Turkey & cheese sandwich 27.3g Tortilla chips 20.2g Roasted broccoli 7.6g	Hot dog 62g Tots 14.1g	Chicken Schitzel 30g Corn 21.3g	Chef choice	Chicken nuggets Roll 25.5g Carrots 8.7g
Pineapple 16.6g	Diced Pears 18.9g	Blueberries 17.6g	Applesauce 15g	Banana 27g

Daily selections available w, baby carrots, green salad, beans, and seasonal vegetables.

Carb counts are listed in [red](#) by the food item.