

Vanguard Menu

The Child Nutrition Department is critical in establishing a healthy school nutrition environment to promote optimum health. Our Child Nutrition employees follow essential worker protocols set by the CDC

Monday, May 6	Tuesday, May 7	Wednesday, May 8	Thursday, May 9	Friday, May 10
Mini Loaf 26g, String Cheese 1g French toast sticks 26g, PB cups 7g Sausage Biscuit 31g Mixed fruit 17g	Mini Loaf 26g, String Cheese 1g Pancake Bites 25.3g, Peanut butter 7g Chicken Biscuit 36g Pears 15g	Super Donut 23g, String Cheese 1g Chicken Waffle 13g, syrup 26g Pancake on a Stick 22g, syrup 26g Peaches 18g	Muffin 23g, String Cheese 1g Yogurt 39g, granola 16g, mini loaf 26g Cheese & Bacon Pretzel Bun 29.2g Pears 15g	Mini Loaf 26g, String Cheese 1g Breakfast Pizza 27g Sausage Cheese Biscuit 32g Peaches 18g
Monday, May 13	Tuesday, May 14	Wednesday, May 15	Thursday, May 16	Friday, May 17
Cini Mini 40g String Cheese 1g French toast sticks 26g, PB cups 7g Chicken Biscuit 36g Mandarin oranges 20g	Pancake Bites 25.3g, Peanut butter 7g Super Donut 23g, String Cheese 1g Sausage Biscuit 31g Pears 15g	Muffin 23g, String Cheese 1g Chicken Waffle 13g, syrup 26g Sausage Cheese Biscuit 32g Mixed fruit 17g	Yogurt 39g, granola 16g, mini loaf 26g Mini Loaf 26g, String Cheese 1g Applesauce 15g	Cini Mini 40g String Cheese 1g Breakfast Pizza 27g Pancake on a Stick 22g, syrup 26g Pears 15g
Monday, May 20	Tuesday, May 21			
Muffin 23g, String Cheese 1g French toast sticks 26g, PB cups 7g Mixed fruit 17g	Chef choice Super Donut 23g, String Cheese 1g Pineapple 16.6g			

Daily Meals

- A variety of seasonal fruits and veggies are served daily. Apples, salad, baby carrots, and broccoli are offered most days.
- Students must choose 3 food groups, one being fruit or veggie to qualify for reimbursable meals per federal guidelines.
- Carb Counts are listed in [blue](#).
- Menus are subject to change without notice due to item availability and utilization at each school site.

This institution is an equal opportunity provider and employer