

Options Lunch Menu

The Child Nutrition Department is critical in establishing a healthy school nutrition environment to promote optimum health. Our Child Nutrition employees follow essential worker protocols set by the CDC

Monday, April 1	Tuesday, April 2	Wednesday, April 3	Thursday, April 4	Friday, April 5
<p>1. Pizza See List</p> <p>2. Honey Sriracha chicken 35.4g, Midori veg 9.3g Brown rice 35g Pineapple 16.6g</p>	<p>1. Chicken Wings 1.7g, Hot roll 25.5g, carrots/celery sticks 4.2g</p> <p>2. Hamburger 28g /cheeseburger 29g Crinkle fries 15.9g</p> <p>Mixed Fruit 17.8g</p>	<p>1. Popcorn chicken 15g, fries 20.2g, roll</p> <p>2. Burrito ,30.6g churro beans 28.6g</p> <p>Grapes 7.9g</p>	<p>1. Mac & Cheese 26.5g, Cowboy Bread 29g,</p> <p>2. Hot dog 62g, waffle fries 22.5g Broccoli 4.3g Banana 27g</p>	Virtual Day
Monday, April 8	Tuesday, April 9	Wednesday, April 10	Thursday, April 11	Friday, April 12
No School	<p>1. Salisbury steak 4.1g Mashed Potatoes 18.2g/ brown gravy 3.3g WW Roll 25.5g</p> <p>2. chicken Schnitzel 30g, Tots 14.1g Carrots 8.7g</p> <p>Pineapple 16.6g</p>	<p>1 Walking Nachos 32.1g, black beans 22.6g</p> <p>2. BBQ beef sandwich 36.7g spiral fries 16.9g Pears 19g</p>	<p>1. Chicken Parm 16.5g Spaghetti 42.9g garlic bread 15.6g Salad 1.8g</p> <p>2. pretzel burger 30g crinkle fries 15.4g Mixed fruit 17.8g</p>	<p>1. Chicken fried steak sandwich 42g, tots 14.1g</p> <p>2. stuffed bread stick 34g, marinara 6. g</p> <p>Broccoli 4.3g Peaches 18.1g</p>
Monday, April 15	Tuesday, April 16	Wednesday, April 17	Thursday, April 18	Friday, April 19
<p>1. Pizza See List</p> <p>2. Beef Pad Thai 19.2g, Midori veg 9.3g Brown rice 35g, Asian Dumplings 15.6g Mixed Fruit 17.8g</p>	<p>1. Hamburger 28g /cheeseburger 29g Crinkle fries 15.9g</p> <p>2. Pork Chop, Mashed Potatoes 18.2g/ gravy 5.9g, WW Roll 25.5g Glazed Carrots 22.3g Applesauce 15g</p>	<p>1. Taco Flatbread Pizza 48.6g, black-eyed peas 32.1g</p> <p>2. Chef choice Pears 19g</p>	<p>1. Chicken & Noodles 28g, hot roll 25.5g</p> <p>2. Grilled cheese 35g, marinara sauce 6.5g Side salad 1.8g Peaches 18.1g</p>	<p>1. Chicken nuggets 16.3g, Chef choice veg, Roll 14g</p> <p>2. chicken & Cheese Quesadilla 32g Black beans 22.6g Mandarin Oranges 20.1g</p>
Monday, April 22	Tuesday, April 23	Wednesday, April 24	Thursday, April 25	Friday, April 26
<p>1. Pizza See List</p> <p>2. Assorted sub sandwiches Side salad 1.8g Pineapple 16.6g</p>	<p>1. Hamburger 28g /cheeseburger 29g Crinkle fries 15.9g</p> <p>2. fish nuggets 23g, Crinkle fries 15.9g Carrots 8.7g Rosy applesauce 14.9g</p>	<p>1. Chef's Corner</p> <p>2. Turkey & cheese sandwich 29.9g Black beans 22.6g Peaches 18.1g</p>	<p>1. Spaghetti w/ Italian sausage 7.8g, spaghetti 32g, garlic Bread 15.6g</p> <p>2. Pork rib sandwich 35g Baked beans 36.2g Pears 18.9g</p>	<p>1. Chicken Fried Steak, mashed potatoes, gravy, roll</p> <p>2. 2. stuffed bread stick 34g, marinara 6. g Mandarin oranges 20.1g Fresh Zucchini 3.1g</p>
Monday, April 29	Tuesday, April 30	Wednesday, May 1	Thursday, May 2	Friday, May 3
<p>1. Pizza See List</p>	<p>1. Chicken Wings 1.7g, Hot roll 25.5g,</p>	<p>1. Popcorn chicken 15g, fries 20.2g, roll</p>	<p>1. Mac & Cheese 26.5g, Cowboy Bread</p>	No

This institution is an equal opportunity provider and employer

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2. Honey Sriracha chicken 35.4g , Midori veg 9.3g Brown rice 35g Pineapple 16.6g	carrots/celery sticks 4.2g 2. Hamburger 28g /cheeseburger 29g Crinkle fries 15.9g Mixed Fruit 17.8g	2. Burrito bar See List Churro Beans 28g Fresh fruit	29g , 2. Hot dog 62g , waffle fries 22.5g Broccoli 4.3g Banana 27g	School
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Daily Meals

- A variety of seasonal fruits and veggies are served daily. Apples, salad, baby carrots, and broccoli are offered most days.
- Students must choose 3 food groups, one being fruit or veggie to qualify for reimbursable meals per federal guidelines.
- Carb Counts are listed in [blue](#).
- Menus are subject to change without notice due to item availability and utilization at each school site.