

BAFA Menu

Menus subject to change / Students must select a fruit or vegetable to have a complete meal according to federal guidelines

Students must take a fruit or vegetable to have a qualifying meal

| Monday, April 8                        | Tuesday, April 9                                                                                                      | Wednesday, April 10                                          | Thursday, April 11                                               | Friday, April 12                                                                |
|----------------------------------------|-----------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------|------------------------------------------------------------------|---------------------------------------------------------------------------------|
| Cici's Pizza- <a href="#">see list</a> | Cici's Pizza- <a href="#">see list</a>                                                                                | Cici's Pizza- <a href="#">see list</a>                       | Cici's Pizza- <a href="#">see list</a>                           | Cici's Pizza- <a href="#">see list</a>                                          |
| No<br>School                           | Honey Sriracha chicken 34g<br>brown rice 35g<br>Oriental veg 2.7g                                                     | Orange Chicken 38.4g,<br>Brown Rice 35g<br>Stir Fry Veg 5.3g | General Tso Chicken 36.5g,<br>Brown Rice 35g<br>Midori veg. 9.4g | Cherry Blossom Chicken<br>41.7g,<br>Midori veg. 9.4g<br>Brown Rice 35g          |
|                                        | Salisbury steak 4.1g<br>Mashed Potatoes 18.2g/<br>brown gravy 3.3g<br>Blueberry squares 30.4g<br>Glazed carrots 22.3g | Taco Flatbread 48.6g<br>Salsa 2g                             | Chicken Parm 16.5g<br>Spaghetti 42.9g<br>Garlic bread<br>salad   | Chicken Fried Steak 14g<br>Mashed Potatoes 18.2g/gravy<br>7.7g<br>WW Roll 25.5g |
|                                        | Hot ham and cheese 29g<br>Glazed carrots 22.3g                                                                        | Nashville hot 0.6g<br>Wedges 15.2g<br>WW Roll 25.5g          | Hamburger 28g<br>Cheeseburger 29g<br>Tots 14.1g                  | Spicy chicken sandwich 19g<br>Spiral fries 16.9g                                |
|                                        | Strawberries 13.4g                                                                                                    | Mixed fruit 17.8g                                            | Grapes 7.9g                                                      | Pears 18.9g                                                                     |

Daily selections available w, baby carrots, green salad, beans, and seasonal vegetables.  
Carb counts are listed in [blue](#) by the food item.